



# West Valley High School Baseball

## Program Policies

### **Spring Eligibility requirements to make or remain with the team for the season.**

1. You must pass FOUR subjects each grading period.
2. You must maintain a 2.0 GPA each grading period.
3. Citizenship Grade: more than 1 "U" not tolerated.

### **Attendance Policy**

1. Players are to attend all games, practices, study halls, or program fundraisers/events unless they are severely ill or an emergency arises.
2. Ditching or missing practice, game, program fundraiser/event, or study hall when you have attended school during the day without notifying the coach is grounds for dismissal from the team. (Asking a teammate to notify the coach is not sufficient.)
3. Players are expected to report on time.
4. Absences during the spring season will result in a loss of playing time.
5. Dental appointments, DMV appointments, etc. should be scheduled during the summer winter, and fall.
6. Families are encouraged to take their vacations in the summer, and during the winter break. Family vacation during the season that causes a player to miss practice or games will result in a loss of playing time.

### **Field Conduct**

1. Players are to encourage teammates and refrain from derogatory comments or disrespectful gestures towards opposing teams, umpires, spectators, etc.
2. Players are to hustle on and off the field no matter the score. Players are not to argue with, complain to, or whine at the umpires with their words, facial gestures or body language.
3. Comments made to the umpires are to be made only at the discretion of the coach.

4. Throwing bats, helmets, etc. slamming, punching dugout wall or other tantrums will not be tolerated.
5. Cursing, swearing, vulgarity, or other abusive language will not be tolerated.

### **Interaction with Coaches**

1. Defiance of any kind will not be tolerated.
2. Disrespectful words, tone, body language, facial gestures etc. from players to coaches will not be tolerated.
3. Players must notify the coaching staff of any injuries immediately.
4. Players will respectfully discuss issues/concerns/questions with the coaching staff.
5. An individual player's playing time will only be discussed between the coaching staff and the player. Coaches will not discuss playing time, roster assignments, batting order, or other game management decisions with parents.

### **Training Rules**

1. Abstain from drugs, steroids, alcohol and tobacco.
2. It is suggested that players retire at a reasonable hour on school nights.
3. It is suggested that players drink plenty of water, eat a balanced diet, do not skip meals, and do not overeat.

### **General Points of Interest**

1. Parents, family, and friends, etc. are encouraged to attend games. Support is appreciated from the stands, but not encouraged near the dugout.
2. Water will be provided at all practices and games. Food, drinks, etc. will not be received from parents to players during games or practices.
3. Practice is a time for players and coaches and as such will generally be closed. Players will be notified to invite family and friends to designated practices and inter-squad events.
4. Players are not to be near the stands unless getting a foul ball or on their way to the bullpen or restroom.
5. Players' focus should be on the field and not in the stands. Players are not to talk with fans, make gestures towards the stands.

## **Grooming**

1. Baseball players, as well as athletes in the overall sports program, are to abide by the grooming standards as set forth by their head coach.
2. During the spring baseball season, eccentric hairstyles (Mohawks, long hair, bleaching/dying, etc) are not allowed. Hair is expected to be neatly trimmed on the sides and in the back. As with all program policies the head coach maintains ultimate discretion.
3. During the spring baseball season, facial hair and long sideburns are not allowed. As with all program policies the head coach maintains ultimate discretion.
4. Baseball caps are to fit snugly on the head and are to be worn bill forward at all times.
5. Players are to wear their pants around the waist and not allowed to “sag”. As with all program policies the head coach maintains ultimate discretion.
6. Pants are to be worn legs up or down as designated by the head coach.
7. Players that do not bring the proper practice or game gear will not be allowed to participate.
8. No jewelry is to be worn at practice or games. This includes, earrings, necklaces, watches, bracelets, etc...

## **Bus Conduct**

1. Players are expected to report to the bus on time and with all personal and team equipment. Players who are not punctual may be left behind.
2. Talking respectfully with all those a player comes in contact with during a bus trip (players, coaches, spectators, umpires, bus drivers) is expected. Rudeness will not be tolerated.
3. Players are to use travel time to prepare themselves mentally for competition. This is not the time to talk about weekend plans, girlfriends, etc. Save that for the “victory” ride home.
4. Players are expected to enter and exit the bus looking ready to play except for cleats.
5. Players will travel in tennis shoes and not in sandals/slippers.
6. A “party” atmosphere will not be tolerated after a loss.

## **Other Events**

1. Players are expected to participate in all **Youth Baseball Camps** as instructors. Players will be responsible for registering a given number of campers as designated by the head coach. Players who are out of town for any of these events are still responsible for camper registration.
2. Players will be responsible to help maintain the playing fields during tournaments hosted by this program as well as before and after games and practices.
3. Players will be notified in advance of program events (camps, tournaments, etc.), and are expected to schedule social and family events accordingly. It is understood that this might not always be possible, so head coach reserves discretion to excuse certain absences and assign alternative means for a player to fulfill his responsibilities to the team. The season will not be complete without the end of the year banquet. This is a mandatory event (just like a ball game) and takes precedence over a summer league game, etc.
4. Without completing the season, letters cannot be earned. Players cannot receive their letter until they turn in or pay for missing equipment and/or spirit pack. All varsity players completing the season in good standing may earn a letter.

## **Campus & Event Behavior**

1. All baseball players will be held to a high standard of behavior at all times. West Valley baseball players' behavior reflects positively or negatively on the baseball program and the whole school – not only at baseball program events, but at *all* school-related events (including but not limited to games, dances, concerts, etc.) at any venue, on or off campus, as well as classroom behavior.
2. Disrespectful behavior in the classroom, at any school-related event or function, or toward any school or district employee at any time or place, is grounds for disciplinary action in the baseball program.

## CONTACT INFORMATION

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Player Name

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Parent/Guardian Name

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Player cell phone

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Address

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City

State Zip Code

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Parent/Guardian Daytime Phone

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Parent/Guardian Evening Phone

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Parent/Guardian e-mail

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Parent Home phone/Cell phone

