

Student Athlete Name _____

WEST VALLEY HIGH SCHOOL

ATHLETIC ELIGIBILITY

CIF RULES AND District policy require that any student who intends to participate in an athletic contest must comply with special regulations. **These rules are not negotiable and will result in game forfeiture if a school/student fails to comply.** Therefore, if you plan to participate in high school athletics, please be prepared to complete the following documentation:

- **Informed Consent Form (signed by a parent/guardian and athlete);**
- **Residential Eligibility (signed by parent/guardian)**
- **Athletic Emergency Information Form (must present proof of insurance with a copy of insurance card with athlete name on it)**
- **CIF/HUSD Board Policy regarding use of steroids (signed by parent/guardian)**
- **Pursuing Victory with Honor Code of Conduct (signed by parent/guardian)**
- **CIF Athlete's Code of Ethics (signed by parent/guardian and student);**
- **Physical Release (signed by doctor);**

It is also required that the following be satisfied:

- **Enroll in, attend & pass at least twenty (20) units;**
- **Maintain a 2.0 GPA**
- **It is highly encouraged that each student obtain an ASB (Associated Student Body) card (through the Student Store)**

ALL DOCUMENTS MUST BE TURNED INTO THE ATHLETICS DEPARTMENT TO BE ELIGIBLE

Non-Discriminatory Statement: Every student of West Valley High School has the right to enroll in any course or class without discrimination on the basis of race, color, national origin (including sexual harassment), handicap (or disability), or age in any of its policies, procedures or practices. This ensures that there is no discrimination on the basis of race, color, and national origin which is in compliance with Title VI of the Civil Rights Act of 1964, sex (including sexual harassment) which is in compliance with Title IX of the Education Amendments of 1972, handicapped students which is in compliance with the Age Discrimination Act of 1975. The lack of English language skills will not be a barrier for admission or participation in any program. All students have equal education facilities and evaluation procedures, and there shall be equal allocations of vocational education funds. This non-discrimination policy covers admission and access to, and treatment and employment in, all educational programs and activities.

Athletic Department Use Only:

Student GPA _____ Student Cleared _____ Athletic Director's Initials _____

**INFORMED CONSENT AWARENESS OF
SPORTS INJURY RISK WARNING AND
AGREEMENT**

By its very nature, competitive athletics can put students in situations in which **SERIOUS, CATASTROPHIC**, and perhaps **FATAL** accidents could occur. Students and parents/guardian must assess the risks involved in such participation and make their choice to participate in spite of those risks. No amount of instruction, precaution or supervision will totally eliminate all risk of injury. Just as driving an automobile involves choice of risk, participation in athletics is inherently dangerous. The obligation of parents and students in making this choice to participate cannot be overstated. By granting permission to your son/daughter to participate in athletic competition, a parent or guardian acknowledges that playing or practicing in any sport can be a dangerous activity involving **MANY RISKS OF INJURY**. Both the athlete and parent must understand that the dangers and risks of playing or practicing to play include but are not limited to, death, complete or partial paralysis, brain damage, serious injury to virtually all internal organs, bones, joints, ligaments muscles, tendons and other aspects of the skeletal system and potential impairment to other aspects of the body, general health and well being. Because of the dangers of participating in sports, we (parent and player) recognize the importance of following coaches' instructions regarding playing techniques, training, equipment and other team rules, etc. both in competition and practice and agree to obey such instructions. If any of the foregoing is not completely understood and you have questions, please contact your school athletic director or school administrator for further information.

WEST VALLEY HIGH SCHOOL GENERAL ATHLETIC POLICIES

Participation in Athletics at West Valley High School is a privilege. Below are some general athletic policies of the athletic department. More information is provided in the West Valley High School Athletic Handbook. Each athlete will be advised of all rules and regulations expected of them.

- 1) Students must maintain 2.0 GPA (on a 4.0 scale) in order to compete.
- 2) Students must pass a minimum of 20 semester units to be eligible.
- 3) Practice/games are mandatory. Each Varsity Coach will establish rules and consequences for tardiness and absences from games/practices.
- 4) Athletes will be issued school owned uniforms and equipment. The parent/guardian will be responsible to pay the "replacement cost" of lost, damaged or stolen uniforms and equipment. Athletes will not be allowed to play in a contest if they owe equipment from the previous season of sport. (Fall, Winter or Spring).
- 5) Athletes Citizenship (behavior) is an important part of athletics. Consequences will occur for poor citizenship in or out of the classroom.
- 6) Athletes are required to ride to and from athletic contests with the team on the team bus. Athletes may be released **ONLY** to the PARENT /GUARDIAN if the parent/guardian writes a note and the note is signed by the athletic director **before** the contest from which the student is requesting to be released. Athletes are to remain with the team at all times when at an away contest.
- 7) The varsity coach is the one to determine the level (team) each athlete is on.
- 8) It is expected that athletes' school attendance will be better than that of non athletes. It is expected of each athlete to attend classes on game day.
- 9) Athletes are not allowed to practice or compete until all athletic paperwork is turned in and processed by the Athletic Director.
- 10) In addition, athletes are expected to follow all school rules/guidelines as set forth in the school's student handbook.

Parent Consent to Participate:

I hereby give my consent for the above named student to compete in interscholastic athletic competition for West Valley High School. I authorize my son/daughter to travel by bus to away contests and be supervised by a representative of West Valley High School. In the event my son/daughter is injured or becomes ill and I cannot be contacted, I authorize medical treatment as deemed necessary by a licensed medical personnel and performed by said licensed medical personnel. I, the undersigned, hereby release and discharge Hemet Unified School District and its officers, employees, agents, servants, coaches and volunteers (hereby collectively referred to as "District") from any and all liability arising out of, occurring during or in connection with the above described activity, including but not limited to receiving instructions in said activity, the performance or practice of the activity or any activities incidental thereto regardless of the location of the activity, and all liabilities associated with any and all claims related to such activity that may be filed on behalf of or for the above named minor. For purposes of this agreement, liability means all claims, demands, losses, injuries, damages, causes of action, suits or judgments of any and every kind that occur during the described athletic activity. It is our intention through this agreement to exempt and relieve Hemet Unified School District from any and all liability for personal injuries or property damage which occurs during the course of participation in athletic activity in any manner at any location. I also authorize the use of images of, or quotes by, my son/daughter in the West Valley High School yearbook, newspapers or similar publications.

I/We have read and understand the information above and give my son/daughter _____ permission to participate.

Parent/Guardian Signature _____ Date _____

Student/Athlete Signature _____ Date _____

West Valley High School
RESIDENTIAL ELIGIBILITY
Athletic/Extracurricular Participation
Please Print

ATHLETE'S NAME: Last Name First Name GRADE: (In Sept.)

1 Name of the person completing this form:

Relationship to Athlete: (Parent, Legal Guardian, Relative, Foster Parent)

2 Student Status:

- Continuing WVHS Student (skip down to # 4)
*Inter-district Transfer (from
*New Resident (from
*Incoming 9th grader (from
*Intra-district Transfer (from
*Administrative Placement (from

3 New Student Information: (To be completed by ALL *new students)

- a. School attended last year: Address:
b. Previous Sports played in high school, (include level):
c. If residence change, PREVIOUS ADDRESS

4 Parent Residence Information: With whom did the student reside at Previous Address

Table with 6 columns: Name, Street Address, Apt. No., City, Zip, Phone #. Rows for Mothers Name and Fathers Name.

5 I AFFIRM THAT THE ABOVE-MENTIONED STUDENT RESIDES AT THE FOLLOWING ADDRESS:

Street Address Apt. No. City Zip Phone #

With whom does the student currently reside at the above address (# 5)

What is the relationship of this person to the Student

I understand that the student must reside with their parent or legal guardian/s. Student must also reside within the attendance boundaries of Hemet Unified School District and/or have followed and completed the process of obtaining an inter/intra district permit and said permit has been approved. I also understand that falsifying any information on this form may result in the immediate interscholastic competition ineligibility for the student and possible contest forfeiture for West Valley High School.

Signature of person completing this form

Printed Name

Date

Administrative Approval:

West Valley High School Athletic Emergency Information Form

Student Name _____
Last First Middle Initial

Address _____ Home Phone () _____
Street City Zip

Date of Birth _____ M ____ F ____ Current Grade _____

Fathers Name _____ Work Phone _____

Mothers Name _____ Work Phone _____

IN CASE OF AN EMERGENCY AND PARENTS CANNOT BE REACHED PLEASE NOTIFY:

Name _____ Phone _____

Name _____ Phone _____

Medical Insurance Information:

Must Be Completed: Please provide the information listed below.

We also require a copy of the valid insurance card with the student athlete's name.

Insurance company _____ Policy Number _____

Phone Number _____

If you do not have your own insurance, but intend to purchase Meyers-Steven Insurance, read and sign below.

I have purchased insurance from the Meyers-Stevens Company and have signed the appropriate forms and turned them into the West Valley High School Athletic Department.

Signature of Parent/Guardian

Circle sport/s you are interested in:

Fall

- Football
Cross Country-Coed
Volleyball-Girls
Tennis-Girls
Water Polo-Boys
Golf-Girls

Winter

- Basketball-B/G
Soccer-B/G
Wrestling
Water Polo-Girls

Spring

- Baseball
Softball
Track-B/G
Tennis-Boys
Swim-B/G
Golf
Volleyball-Boys

Date: _____



Dr. Philip O. Pendley
Superintendent

Mary Wulfsberg
Deputy Superintendent

Richard M. Beck
Assistant Superintendent

LaFaye Platter
Assistant Superintendent

Dr. Caryl Miller
Assistant Superintendent

**Professional Development
Service Center**

1791 W. Acacia Avenue
Hemet, CA 92545
(951) 765-5100
Fax: (951) 765-5115

**Professional Development
Academy**

2085 W. Acacia Avenue
Hemet, CA 92545
(951) 765-5100
Fax: (951) 765-6421

www.hemetusd.k12.ca.us

Governing Board

Lisa DeForest
Dr. Gregg Figgins
Marilyn Forst
Charlotte Jones
Phyllis Petri
Bill Sanborn
Joe Wojcik

**AGREEMENT FOR STUDENT ATHLETE AND PARENT/GUARDIAN REGARDING USE
OF STEROIDS**

Dear Parent/Guardian:

As a condition of membership in the California Interscholastic Federation (CIF), and in accordance with Education Code 49030, the Governing Board of the Hemet Unified School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids as specified below. CIF Bylaw 524 requires that all participating students and their parents/guardians sign this agreement.

By signing below, we agree that the student shall not use androgenic/anabolic steroids or any dietary supplement banned by the U.S. Anti-Doping Agency as well as the substance synephrine, without a written prescription from a licensed health care practitioner to treat a medical condition.

We recognize that under CIF Bylaw 200.D the student may be subject to penalties, including ineligibility for any CIF competition, if the student or his/her parent/guardian provides false or fraudulent information to the CIF.

We understand that the student's violation of the district's policy regarding steroids may result in discipline against him/her, including, but not limited to, restriction from athletics or suspension or expulsion from school

Signature of student athlete

Date

Signature of parent/guardian

Date

Adopted: 12/11/07

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Fecha: _____



ACUERDO PARA ESTUDIANTES ATLETAS Y PADRES/TUTORES RESPECTO AL USO DE ESTEROIDES

Respetables Padres/Tutores:

Como condición de membresía de la Federación Interescolar de California (*California Interscholastic Federation, CIF*) y de acuerdo al Código Educativo 49030, la Mesa Directiva del Distrito Escolar Unificado de Hemet ha adoptado la norma 5131.63 que prohíbe el uso y abuso de esteroides androgénicos/anabólicos según se indica a continuación. El Reglamento 524 de CIF requiere que todos los estudiantes participantes y sus padres/tutores firmen este acuerdo.

Al firmar este acuerdo aceptamos que el estudiante no usará esteroides androgénicos/anabólicos o cualquier suplemento dietético que esté prohibido por la Agencia Antidopaje de los Estados Unidos o la sustancia sinefrina, sin una receta escrita por un médico titulado para tratar condiciones médicas.

También, reconocemos que de acuerdo al Reglamento 200.D de CIF el estudiante será sujeto a sanciones, incluyendo ser excluido de participar en competencias de CIF, si él/ella o sus padres/tutores le proveen información falsa o fraudulenta a CIF.

Entendemos que el quebrantar la norma del distrito sobre el uso de esteroides puede resultar en acción disciplinaria contra el estudiante, incluyendo pero no limitado a restricciones a su participación en los deportes o suspensión o expulsión de la escuela.

Dr. Philip O. Pendley
Superintendent

Mary Wulfsberg
Deputy Superintendent

Richard M. Beck
Assistant Superintendent

LaFaye Platter
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Firma del estudiante atleta

Fecha

Firma del padre/tutor

Fecha

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Adopted: 12/11/07

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Pursuing Victory With Honor Code of Conduct for Parents/Guardians

Athletic competition of interscholastic age children should be fun and should also be a significant part of a sound educational program. Everyone involved in sports programs has a duty to assure that their programs impart important life skills and promote the development of good character. Essential elements of character building are embodied in the concept of sportsmanship and six core ethical values: trustworthiness, respect, responsibility, fairness, caring, and good citizenship (the “Six Pillars of Character”SM). The highest potential of sports is achieved when all involved consciously Teach, Enforce, Advocate and Model (T.E.A.M.) these values and are committed to the ideal of pursuing victory with honor. Parents/guardians of student-athletes can and should play an important role and their good-faith efforts to honor the words and spirit of this Code can dramatically improve the quality of a child’s sports experience. *Our athletic program subscribes to the CIF Philosophy of Pursuing Victory With Honor*

TRUSTWORTHINESS

- Trustworthiness* — Be worthy of trust in all you do.
- Integrity* — Live up to high ideals of ethics and sportsmanship and encourage players to pursue victory with honor. Do what’s right even when it’s unpopular or personally costly.
- Honesty* — Live honorably. Don’t lie, cheat, steal or engage in any other dishonest conduct.
- Reliability* — Fulfill commitments. Do what you say you will do.
- Loyalty* — Be loyal to the school and team; Put the interests of the team above your child’s personal glory.

RESPECT

- Respect* — Treat all people with respect at all times and require the same of your student-athletes.
- Class* — Teach your child to live and play with class and be a good sport. He/she should be gracious in victory and accept defeat with dignity, compliment extraordinary performance, and show sincere respect in pre- and post-game rituals.
- Disrespectful Conduct* — Don’t engage in disrespectful conduct of any sort including profanity, obscene gestures, offensive remarks of a sexual nature, trash-talking, taunting, boastful celebrations, or other actions that demean individuals or the sport.
- Respect for Officials* — Treat game officials with respect. Don’t complain or argue about calls or decisions during or after an athletic event.

RESPONSIBILITY

- Importance of Education* — Support the concept of “being a student first.” Commit your child to earning a diploma and getting the best possible education. Be honest with your child about the likelihood of getting an athletic scholarship or playing on a professional level. Reinforce the notion that many universities will not recruit student-athletes who do not have a serious commitment to their education. Be the lead contact for college and university coaches in the recruiting process.
- Role Modeling* — Remember, participation in sports is a privilege, not a right. Parents/guardians too should represent the school, coach and teammates

with honor, on and off the court/field. Consistently exhibit good character and conduct yourself as a positive role model.

- Self-Control* — Exercise self-control. Don’t fight or show excessive displays of anger or frustration.
- Healthy Lifestyle* — Promote to your child the avoidance of all illegal or unhealthy substances including alcohol, tobacco, drugs and some over-the-counter nutritional supplements, as well as of unhealthy techniques to gain, lose or maintain weight.
- Integrity of the Game* — Protect the integrity of the game. Don’t gamble or associate with gamblers.
- Sexual Conduct* — Sexual or romantic contact of any sort between students and adults involved with interscholastic athletics is improper and strictly forbidden. Report misconduct to the proper authorities.

FAIRNESS

- Fairness and Openness* — Live up to high standards of fair play. Be open-minded, always willing to listen and learn.

CARING

- Caring Environment* — Consistently demonstrate concern for student-athletes as individuals and encourage them to look out for one another and think and act as a team.

CITIZENSHIP

- Spirit of the Rules* — Honor the spirit and the letter of rules. Teach your children to avoid temptations to gain competitive advantage through improper gamesmanship techniques that violate the highest traditions of sportsmanship.

I have read and understand the requirements of this Code of Conduct and acknowledge that I may be disciplined if I violate any of its provisions.

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date



10932 Pine Street
Los Alamitos, California 90720

Telephone: 562-493-9500
Fax: 562-493-6266

Code of Ethics - Athletes

Athletics is an integral part of the school's total educational program. All school activities, curricular and extra-curricular, in the classroom and on the playing field, must be congruent with the school's stated goals and objectives established for the intellectual, physical, social and moral development of its students. It is within this context that the following Code of Ethics is presented.

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents, legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 524).

By signing below, both the participating student athlete and the parents, legal guardian/caregiver hereby agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition. We recognize that under CIF Bylaw 200 D, there could be penalties for false or fraudulent information. We also understand that the _____

_____ West Valley High School/Hemet Unified School District _____ (school/school district name) policy regarding the use of illegal drugs will be enforced for any violations of these rules.

Printed Name of Student Athlete

Signature of Student Athlete

Date

Signature of Parent/Caregiver

Date

A copy of this form must be kept on file in the athletic director's office at the local high school on an annual basis and the Principal's Statement of Compliance must be on file at the CIF Southern Section office.

Physical Examination

(Please type or print)

Student's Name _____ Birth Date _____
Last First Middle

Height _____ Weight _____ % Body Fat (optional) _____ Pulse _____ BP _____ / _____

Vision R 20/ _____ L 20/ _____ Corrected: Y N Pupils: Equal _____ Unequal _____

Normal	Abnormal Findings	Initials*
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MEDICAL

Eyes/Ears/Nose/Throat			
Lymph Nodes			
Heart			
Pulses			
Lungs			
Abdomen			
Genitalia (males only)			
Skin			

MUSCULOSKELETAL

Neck			
Back			
Shoulder/Arm			
Elbow/Forearm			
Wrist/Hand			
Hip/Thigh			
Knee			
Leg/Ankle			
Foot			

*Station-based examination only

Clearance

- Cleared
- Cleared after completing evaluation/rehabilitation for: _____

- Not cleared for: _____ Reason: _____
- Recommendations: _____

I certify that I have on this date examined this student and that, on the basis of the examination requested by the school authorities and the student's medical history as furnished to me, I have found no reason which would make it medically inadvisable for this student to compete in supervised athletic activities (Note exceptions above).

 Physician's Name and Address (stamp or print)
 If the Physician's Assistant (P.A.) or Advanced Nurse Practitioner (A.N.P.) performed the exam, name and address of collaborating physician or physician group:

 Examiner's Signature Date

 Examiner's Telephone Number

NOTE: History and Consent Must be Completed Prior to Physical Examination