



Hamilton PTSA Cool Cat News

November 2011

Volume 1, Number 3

Upcoming Events

- Little Caesars Pizza Kits on Sale Now!
- Latin Club Every Wednesday 3:15
- Nov. 6 Turn Clocks Back!
- Nov. 10 Military Appreciation Day
- Nov. 11 **NO SCHOOL** Veterans' Day
- Nov. 16 Sports Day Show your Team Spirit!
- Nov. 17 Little Caesars Pizza Orders Due
- Nov 19-27 **NO SCHOOL** Thanksgiving Break 'Gobble Gobble Have a Great Vacation!'

A Few Ways to Show Kids That You Care

- Empower them to help and be themselves
- Make time to be with them
- Visit their school
- Expect their best; don't expect perfection
- Be silly together

A Very Thankful November

To our Parents, Teachers and Staff thank you for your hard work and dedication to our mighty Bobcats! Students thank you for always doing your best and challenging yourselves daily! We have so many things to be thankful for this November. Make sure to share your thanks with those around you.

Fundraising



Little Caesars Pizza kit order forms went out 10-19-11. With our busy schedules and the holidays it's not always easy to have a nutritious meal ready for our family so don't miss out on a great chance to stock your freezers with the goodness of Pizza! Our school will benefit from \$5 to \$7 per kit! Orders and money are **Due November 17**. Delivery will be **November 30 at 10:00am**.

Box Tops! Our first batch was recently submitted and to our amazement it was more than our combined total for all of last year! Way to go!!! Keep those Box Tops coming in! Also for all you online shoppers check out where you can earn Box Tops online at <http://www.boxtops4education.com/Image.aspx?id=6510> **School Spirit** every Friday! Get your Bobcat T-shirts for \$13, sweatshirts \$25, hooded sweatshirts \$29. You can also order zip-ups for \$29.

Parent Resources

Bully Proof My Child

Bullying is not a normal rite of passage. It can have serious consequences. You can help your child learn how to prevent bullying. These tips can help:

Help your child understand bullying. Explain what bullying is. It is more than physical; it can be done in person or over the phone or computer.

Keep open lines of communication with your child. Check in with your child and listen to any concerns about friends and other students.

Encourage your child to pursue their interests. Doing what they love may help your child be more confident among their peers and make friends with other kids with similar interests.

Teach your child to take a stand against bullying. Give guidance about how to stand up to those who bully if it is safe to do so.

Talk to your child about seeking help from a trusted adult when feeling threatened by a bully. Talk about whom they should go to for help and role-play what they should say. Assure your child that they should not be afraid to tell an adult when someone they know is being bullied.

Know what is going on in your child's school. Visit the school website, subscribe to the student paper—if there is one—and join the PTA listserv or mailing list. Get to know other parents, school counselors, and staff. Contact the school by phone or e-mail if you have suggestions to make the school a safer and better learning place.