



Informed Riverside, Information and Referral Line: 800-464-1123

CLOTHING/GLASSES/FOOD

CalWORKS/Food stamps–Riverside County Department of Public Social Services – 791-3000 (Hemet)
www.co.riverside.ca.us
Community Pantry – 929-1101
Family Service Senior Nutrition Program Association – 652-3212
Project Food Box–Western Eagle Foundation-40940 County Dr., Temecula 951-695-7206

Project Angel Food 652-4488
www.angelfoodministries.com
Operation School Bell – (elementary age) Assistance League – 652-8307
Salvation Army – Hemet - 766-2020
USDA Commodities Food Pantry
Cindy Bratton, Valle Vista Assembly of God - 45252 E. Florida - 951-927-6868
Valley Restart (shelter) – 766-7476
WIC – Women, Infants and Children – 766-2450

COMMUNITY RESOURCES

American Cancer Society – 683-6415 or 1-800-227-2345
American Lung Association of Riverside Colton – 1-800-586-4872
California School for the Deaf – 782-6500
Central County United Way (including Energy Assistance February- April), 929-9691
Hemet Lions Club – 929-2344
Immigration/Citizenship - 943-1955
San Jacinto Community Center – 654-7212
Social Security Administration hotline – 1-800-772-1213 & 526-3456
Graffiti Hotline (graffiti removal) 765-2309
WE T.I.P., Inc. – 1-800-78-CRIME and 1-800- 47-ARSON, 1-800-47-DRUGS

COUNSELING

Center Against Sexual Assault – 652-8300
Mid-County Mental Health – 487-2674
Rape Crisis Center – 686-7273
Sun Ray Counseling – 652-3560
Valley Wide Outreach Services - 654-2026
Salvation Army – 784-4490

HEALTH SERVICES

AIDS Hotline – 1-800-232-4636
Birthchoice - 652-3111
Hemet Family Care Center – 766-2450
Hemet Hospice – 766-9629
Hemet Unified School District, Health Services, 765-5100 Ext. 4104
Hemet Unified School District, Healthy Families - 765-5100, Ext. 3525

Hemet Unified School District, Youth Tobacco Cessation Services, 765-5100, Ext. 3210
Hemet Valley Hospital Behavioral Health Services – 652-2811, Ext. 5787
Juvenile Diabetes Foundation (951) 784-4156
Medicare telephone hotline – 1-800-633-4227
Mental Health, Hemet Clinic – 791-3300
National Alliance for the Mentally Ill – 1-800-950-6264
National Hepatitis C Coalition-766-8238
Obstetrics Clinic, HVMC - 765-4816
Riverside County Health Dept. Family Program - 766-2450
Riverside County Immunizations Information – 1-888-246-1215
Soboba Indian Health Clinic/Morongo Indian Health – 654-0803

INTERVENTION SERVICES

Alcoholics Anonymous – Colton Main Number (909) 825-4700
Alternatives to Domestic Violence (24 hour) 1-800-339-SAFE
Child Protective Services – 791-3200
Center Against Sexual Assault (CASA) – 652-8300 & 1-866-373-8300
Childhelp USA – 1-800-422-4453
Cocaine Anonymous Hotline – 359-3895
Convenant House Crisis Lines – 1-800-999-9999
Crisis Intervention and Suicide Prevention – 686-4357
Detoxification Services – 788-9515
Domestic Violence Hotline – 1-800-799-7233
Dr. Harsany, Addiction Medicine – 925-6657
Dr. Heinke , Partners in Recovery 929-8580
JobCorps 800-733-JOBS www.jobcorps.dol.gov
La Vista Alcoholism Center-925-8450
MFI Recovery-Therapy/Anger Mgmt. 654-2026
Narcotics Anonymous – 652-5326
National Child Abuse Hotline – 1-800-422-4453
National Dating Abuse Hotline 1-866-331-9474 (TTY 1-866-331-8453)
Riverside Treatment Center, Methadone Detox, 784-8010
Teen Line (24 hour) 1-800-TLC-TEEN
Tobacco Use Reduction Hotline – 1-800-63-SMOKE
Tobacco Help Line – 1-800-NO-BUTTS
Valley Wide Outreach Services – 654-2026

PARENT EDUCATION

Hemet Unified School District – Parent Project - 765-5100, Ext. 3701

PRICE Parenting Classes - 765-5100, Ext.3530
Valley Wide Outreach, Parent Project, 654-2026

SUPPORT GROUPS

Al-Anon/Alateen – (909) 824-1516
Kaiser Permanente– 601-6174
American Cancer Society – 683-6415
California Family Life Center – 654-2352 and 765-9671
Center Against Sexual Assault - 652-8300 (adolescent and adult survivors group)
Grandparents Raising Grandchildren- 951-791-3573
Childhood Cancer Family Information Service - 682-2753
Hemet Hospice - 766-9629 (child, parent, adult bereavement)
Riverside County Substance Abuse Program, Clinic - 955-2105
Administrative – 782-2400

TEEN MOTHERS

Adolescent Health, 354-1458
Cal-SAFE, Teen Mother Program – 925-6470
Helen Hunt Jackson Independent Study Program, 765-5193
Riverside Co. Adolescent Family Life Program - 766-2440 and 766-2464

YOUTH PROGRAMS

Boy Scouts of America – Inland Empire Council – (909) 793-2463
Girls and Boystown National Hotline, 1-800-448-3000
Police Activity League, 929-9725
San Geronio Girl Scout Council - 951-308-6692
Tutoring for Native American Youth-Soboba Tribal TNF-487-9075
Valley Wide Outreach Services – 654-2026

Valley Wide Recreation, 654-1505

VOLUNTEER PROGRAMS

Retired Senior Volunteer Program (R.S.V.P.) - 929-0423

HEALTH-RELATED WEBSITES FOR FAMILIES:

www.theantidrug.com
www.bigbrothersbigsisters.org
www.cdc.gov
www.healthinschools.org
www.loveisrespect.org (dating abuse)
www.kidshealth.org
www.ncadi.samsha.gov (drug & alcohol abuse information)
www.nida.nih.gov
www.stopbullyingnow.hrsa.gov